

Press Release

Date: 26th February 2020

SARS-CoV-2 (coronavirus) – Bailiwick Health Advice

Medical professionals on island have received relevant training and advice and continue to be supported by the States of Guernsey.

At this present time there have been no confirmed cases on island, but we must remain cautious.

For anyone travelling from the listed countries who are suffering from dry cough with or without fever and shortness of breath, **DO NOT ATTEND** the Island Medical Centre (IMC) or the Mignot Memorial Hospital (MMH). Call either 822077 (The IMC) or 822822 (The MMH) for a telephone discussion with a GP.

The latest list of countries can be found here:

<https://www.gov.gg/CHttpHandler.ashx?id=123573&p=0>

For further information and for continued updates please regularly check the Bailiwick's Health, Social Care & Wellbeing / Public Services' link <https://www.gov.gg/coronavirus>

Please see poster below on how to best protect yourself:

What can I do to protect myself



Wash your hands frequently

with soap and water or alcohol-based hand rub.

Why? Washing your hands with an alcohol-based hand rub or soap and water kills the virus if it is on your hands.

Maintain social distancing

Maintain at least 1 metre distance between yourself and other people, particularly those who are coughing, sneezing and have a fever.

Why? When someone who is infected with a respiratory disease, like 2019-nCoV, coughs or sneezes they project small droplets containing the virus. If you are too close, you can breathe in the virus.



Avoid touching eyes, nose and mouth

Why? Hands touch many surfaces which can be contaminated with the virus. If you touch your eyes, nose or mouth with your contaminated hands, you can transfer the virus from the surface to yourself.